

AURORA TIMES

Issue 2

December 2011

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Editors Notes By Katrina

Rolling through fall and right in to winter. This time of year seems to fly by doesn't it?

I want to thank everyone that submitted something for the news letter. You make the news letter what it is.

Remember if you have something you want to say or share in the news letter you can give it to me any time. By handing it to me or emailing it.

KSeidel@AuroraServices.Org



Aurora Center Halloween Contest Winners Photo 2011

FROM THE DESK OF THE EXECUTIVE DIRECTOR:

The Holidays are here and the staff of Aurora is excited!!!! I want to wish everyone the best of the Holiday Season and remember Santa will visit the club on Tuesday December 20th. Hoping his bag will be full with goodies. A great meal has once again been planned so bring your appetite. Please check the calendar for the days we are closed. In addition everyone who purchases a full bus pass will get a free ticket for the month of January. So if you have already paid we will reimburse you or credit you for the month of January. Looking forward to 2012 consumer can expect Cooking classes for everyone interested. Consumers must be enrolled in Psych Rehabilitation so see Lisa for details. In addition some new and exciting social rehabilitation programs will kick off February. See Kathy and Katrina for more details.

I also want to thank all the consumers who are participating in Caitlyn's Smiles project. Community Service is very important to each consumer's recovery.

I personally want to wish everyone the best during this Holiday Season.

Yours in recovery,
Owen



Harrisburg Aurora Centers Happenings

It's hard to believe this year is almost over. Many things change at the center, but one thing will always remain the same and that is the kindness and caring we share with one another. I learn so many new things from everyone that I able to use in my everyday life. One thing that stands out the most is how to appreciate everyone for their unique talent and skill that they bring and share with the other consumers. I don't think we realize how much we can impact someone's life with just a kind gesture or helping hand.

Never underestimate what someone is able to do and never prejudge anyone by telling them they can't do something. It is all about choices and being there to support one another even when they may not be making the best choice for themselves.

The center is moving in a great direction and there is no stopping us now!

*Sincerely,
Kathy*

Don't Ask What Your Center Can Do For You, Ask What You Can Do For Your Center!



Volunteers of Aurora share their time at Caitlyn's Smiles to help sick children in the hospital. This volunteer group is open to everyone.



Cooking lunch has become one of the most popular events of the day! Ask how you can help.



Painting class is a great way to express yourself, and stay active in what the center has to offer each day.

Get Involved
Stay Motivated



Mike. G. getting ready to play the guitar. We also get a melody or two from Avery on the piano each day.

**We all have a
Talent,
WHAT'S YOURS?**



Member Spotlights

By Joyce W.

Avery



Avery was born in Harrisburg, PA and has lived in this area for about 27 years.

In his down time he liked to try and get as much sleep as possible.

Avery's goal for the future is to be successful

Jan



Jan was born in Harrisburg and has lived in here for about 15 years.

She's very social and enjoys talking to people in her free time. She also loves to play solitaire.

Jan hopes help her husband settle in to his new life in a nursing home.

Recipes

Easy Sugar Cookies



Ingredients

2 3/4 cups all-purpose flour
1 teaspoon baking soda
1/2 teaspoon baking powder
1 cup butter, softened
1 1/2 cups white sugar
1 egg
1 teaspoon vanilla extract

Directions

Preheat oven to 375 degrees F (190 degrees C).
In a small bowl, stir together flour, baking soda, and baking powder. Set aside.
In a large bowl, cream together the butter and sugar until smooth. Beat in egg and vanilla.
Gradually blend in the dry ingredients.

Roll rounded teaspoonful of dough into balls, and place onto ungreased cookie sheets.
Bake 8 to 10 minutes in the preheated oven, or until golden.
Let stand on cookie sheet two minutes before removing to cool on wire racks.

Easy Veggie Pizza



Ingredients

2 (8 ounce) cans Pillsbury® refrigerated crescent dinner rolls
1 (8 ounce) package cream cheese, softened
1/2 cup sour cream
1 teaspoon dried dill weed
1/8 teaspoon garlic powder
1/2 cup fresh broccoli florets
1/3 cup quartered cucumber slices
1 roma (plum) tomato, seeded and chopped

Directions

Heat oven to 375 degrees F.

Unroll both cans of crescent roll dough; separate dough into 4 long rectangles.

In ungreased 15x10x1-inch pan, place dough; press in bottom and up sides to form crust.

Bake 13 to 17 minutes or until golden brown. Cool completely, about 30 minutes.

In small bowl, mix cream cheese, sour cream, dill and garlic powder until smooth. Spread over crust.

Top with vegetables. Serve immediately, or cover and refrigerate 1 to 2 hours before serving.

Cut into 8 rows by 4 rows.



Beach Party Pics



Thanksgiving Pics





Christmas Is Coming
By Joyce



Christmas is coming

We all hope for a Merry Christmas

Thanksgiving was nice

We are waiting on a new year

We at the Aurora Club are waiting on
Santa Claus



Jokes

By Brandon

What did one pig say to the other pig? - You're such a ham!

What is a horse's favorite game to play? - Horseshoes!

Thank You For Your Continued Support

The Board of Director's for Aurora Social Rehabilitation Services would like to thank the following donors for the contributions during 2011. Your generous contributions will benefits the consumer in Dauphin, Cumberland and Perry counties.

- ◆ Alyce and Morton Spector Philanthropic Fund
- ◆ 2nd Anonymous In and Out Fund of The Foundations for Enhancing Communities
- ◆ Marty Sachs Memorial Fund
- ◆ Ida Browning Trust

Thank you from the Aurora Board of Directors, Staff and Consumers.

We're on the web!
AuroraServices.Org

Aurora Social Rehabilitation Services

The Aurora Center

"where loneliness ends and friendships begin"

is a community non-profit organization serving adults with mental illness and or intellectual and developmental disabilities in Central Pennsylvania that facilitates recovery among those served with opportunities for empowerment and self-direction through life skills training, educational programs and social activities.



Remember what makes us special is our differences, what makes us the same is our attitudes about those differences.